Main Idea: My Morning Routine -- every Monday-Friday is the same

1. Topic Sentence: every morning is the same but Monday's are the hardest?

a) example sentence I could use --> Monday's are the hardest but every weekday starts out the same way.

i. They are the hardest because of the weekend!

2. Details to include

a) use sequencing transitions (first, then, third, etc.)

b) Brush my teeth

i. I hate having morning breath

c) take my vitamins

ii. I tend to forget to take them so I do it first to get out of the way

iii. The one makes me nauseous so I wait until after my shower

d) I do not wash my hair every time I shower so I do not always make it nice

i. Sometimes I will straighten my hair and wear it down

ii. Other days I will put it up in a ponytail

iii. If i wore it down over the weekend, then I will probably wear it down to start the week

IV. If I plan on wearing a certain outfit on one day of the week, then I will wear my hair down then,

so it depends on my outfit for the week.

e) How i look in the mirror plays a major role- or at least I think it does

i. looking terrible or having a terrible nights sleep = bad day

ii. looking okay = decent/ okay day

3. Friday's are different

a) Starbucks because I like to treat myself

i. ordering on the app makes it faster

ii. Sometimes I get the White Chocolate Mocha to drink, with fat free milk but add whipped cream

iii. Other days I get the green tea just to mix things up and because it is zero calories

iv. When i get my free drink, then I add more stuff that I do not need and I get a bigger size because I want to get my money's worth